

How to create a prayer space at home.



During this time of having to stay at home, you may find creating a dedicated prayer space really beneficial. Obviously God is with us whether we are in the shower or cooking in the kitchen but there is something significant about having a dedicated space/a chair/a room which you purposely use for your time reading the bible and praying. Creating a Prayer Space reminds everyone in the household that prayer is an important part of everyday life. When you create a Prayer Space in your home, you are reminded of God's presence at all times. These spaces can simply be a place where you light a candle and pray or you could have a creative space with activities and art.

How to set up a prayer space:

1 - Find a space. It could simply be a chair with a small table somewhere or if you have the space create a room. You may find it useful to be a space which has a door so you can have time alone.

2 - Prepare it. At the very least put a bible, a notebook, and a candle (real or battery operated) in that space. As you start your prayer time light your candle as a sign that you are ready to meet with God. As you get it ready, pray for this space to become a holy space where God's Spirit is welcome.

3 - Equip it. Start simple. Don't get stressed about making it like our prayer rooms at church. You may find adding something like the ability to play music and some bible reading notes, a book you are reading or the Lectio 365 app (<https://www.24-7prayer.com/dailydevotional>) into the space. YouVersion (<https://www.youversion.com/>) can be really useful here.

4 - Get creative. If you find praying creatively helpful there are many creative prayer things you could do in this space. Colouring bible verses helps you meditate on Scripture, making simple prayer stations will help you pray, having a prayer wall means you can add people and prayers everyday. Below are many resources you could use to inspire you.

Resources:

Prayer spaces ideas to get started:

24/7 prayer have loads of ideas. <https://www.24-7prayer.com/EncouragingCreativePrayer>

Prayer room in schools have some simple and useful ideas for anyone (but especially families)
<https://www.prayerspacesinschools.com/search/resources/>
<https://www.prayerspacesinschools.com/topten>

Prayer ideas especially for families: <http://flamecreativekids.blogspot.com/p/creative-prayer.html>

SOAP - Reading the bible through SOAP (Scripture, Observation, Application and Prayer).
Including a bible reading plan. <https://burlington.church/soap>

Bible Colouring pages:

Colouring sheets with bible verses: <https://www.frogandgnome.com/collections/colouring-sheets/products/7-colouring-sheets-for-anxious-times>

Pinterest has many: <https://www.pinterest.co.uk/pin/4855512078288554/>

If you come across other resources that you find useful for your prayer space let Claire know and she will add them to this list: claire@burlington.church